



LEADERSHIP INSTITUTE

Central VA/Hampton Roads

2026-2027

EMPOWER YOUR FUTURE

with the ABC-VA Leadership Institute!

Take the first step in becoming the leader you are meant to be – our program is designed to help you reveal and cultivate a greater self-awareness of your leadership style.

WHAT OUR PROGRAM OFFERS

- **Personalized Development:** Engage in interactive sessions designed to reveal your leadership style and explore its implications for your professional journey.
- **Expert Coaching:** All sessions are led by experienced construction industry leaders who will guide you in defining and leveraging your unique leadership approach.
- **Interactive Learning:** Engage in hands-on workshops that translate theory into practice, enhancing your decision-making and critical thinking skills.
- **Strategic Networking:** Benefit from active engagement with your fellow participants to broaden your understanding and application of your leadership style

INVESTMENT (MEMBERS ONLY)

\$650 per Participant

LOCATION & TIME

ABC-VA HAMPTON ROADS

530 Independence Parkway, Suite 500

Chesapeake, VA 23320

2:00PM - 4:00PM

RECOMMENDED AUDIENCE

Employees with leadership ambition and at least 3 years of experience in the Architecture, Engineering, and Construction (AEC) field.

COURSE CONTENT

Program Kickoff & ABCs of ABC

October 7

The Purpose Driven Life

November 18

Effective Communication

December 9

Behavioral Profile Workshop/EQ

January 20, 2027

What Makes a Leader?

February 17

Extreme Ownership

March 10

Corporate Culture and Ethics

March 24

Stephen Covey's Speed of Trust

April 14

Identifying Ideal Team Players

April 28

Career Development & End of Year Celebration

May 12

Dates subject to change. All course-required books, articles, and links provided by ABC-VA.

APPLICATION DEADLINE

SEPTEMBER 21, 2026

Please submit your completed application, including your letter of recommendation (page 3), and current resume to:

meredith@abcva.org

Email Meredith Strahan with any questions:

meredith@abcva.org

2026-2027 LEADERSHIP INSTITUTE APPLICATION

DUE SEPTEMBER 21, 2026 Please submit your completed application and current resume to: meredith@abcva.org

ELIGIBILITY

- **Experience:** 3+ years' experience in the AEC industry
- **Status:** Current employee of an ABC Virginia member company in good standing
- **Addenda:** Completed application must include a current resume and a letter of recommendation from your direct manager/supervisor

First Name: _____ Last Name: _____ Preferred Name (if different): _____

Company: _____ Your Title: _____

Address: _____ City: _____

State: _____ Zip: _____ Cell Phone #: _____ Years of Experience: _____

Email Address: _____

Please tell us why you are interested in the leadership program and how your participation in this program will benefit your company and your personal professional development.

Additionally, please attach a copy of your current resume and a letter of recommendation from your direct manager with your application.

UNDERSTANDING OF COMMITMENT

If accepted into the ABC Virginia Leadership Institute, I acknowledge and agree that my involvement in this program will require active preparation and participation with required reading assignments before each class session, contributing to interactive discussions and engaging in all activities/exercises during class sessions. I also understand and agree that I will commit to attending at least **9 of the 10** sessions for successful completion of the program.

Signature _____ Date _____

APPLICATION DUE SEPTEMBER 21, 2026

PAYMENT

You will be contacted upon review of your application for payment. Options include checks made payable to ABC Virginia, credit card, or by invoice.

CHECKLIST

- ☐ **Completed application**
- ☐ **Resume**
- ☐ **Letter of Recommendation (page 3)**

LETTER OF RECOMMENDATION

LEADERSHIP INSTITUTE 2026-2027

Direct Manager/Supervisor Name: _____

Company: _____ Title: _____

Address: _____ City: _____

State: _____ Zip: _____ Cell Phone #: _____

Email Address: _____

Please tell us about the leadership qualities you have observed in this team member and the career potential you see for him/her within your company in the next 5 years.

UNDERSTANDING OF COMMITMENT

If your team member is selected to participate in this leadership program, do you agree to earnestly support and directly encourage his/her active preparation and involvement and attendance at every session of this program?

☐ YES

☐ NO

Signature _____ Date _____

APPLICATION DUE SEPTEMBER 21, 2026