

Associated Builders & Contractors - Virginia Chapter
Northern Virginia

WINTER/SPRING 2010 COURSE SCHEDULE



TABLE OF CONTENTS

Field Tract.....	p.1
<i>Journeyman, Crew Leader, and Superintendent</i>	
Office Tract.....	p.2
<i>Project Assistant, Project Manager, Senior Project Manager, and Construction Executive</i>	
Electives.....	p.3
<i>Business, Communication & Leadership, Construction Management, Green, Human Resources, Legal, and Spanish Language Electives</i>	
Safety.....	p.5
<i>Certification Programs, Safety Electives, and Safety Programs Taught in Spanish</i>	
Registration.....	p.9



Want to find out more about ABC-VA instructors?

Visit www.abcva.org/instructors for biographies on each instructor.

Networking

Education

Political
Advocacy

Service

FIELD TRACT CURRICULUM

Curriculum designed for the journeyman, crew leader and superintendent.

JOURNEYMAN & CONTINUING EDUCATION COURSES

NATIONAL ELECTRICAL CODE UPDATE

The 2008 version of the National Electrical Code is scheduled to go into effect in mid-2010. In order to accommodate Continuing Education requirements, ABC-VA is now offering the 2008 NEC Update.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T	5:00 PM- 9:30 PM	2/23	Humphrey	Member: \$95 Nonmember:\$125

CREW LEADER COURSES

BLUEPRINT READING 101

The reading of construction blueprints is a foundational skill in construction. All construction professionals, regardless of whether they are working in the field or office, must know how to read blueprints.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TH	4:00 PM- 7:00 PM	1/21 (8 sessions)	Hern	Member: \$295 Nonmember:\$442

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TH	4:00 PM- 7:00 PM	4/1 (8 sessions)	Hern	Member: \$295 Nonmember:\$442

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TH	4:00 PM- 7:00 PM	6/17 (8 sessions)	Hern	Member: \$295 Nonmember:\$442

CREW LEADERSHIP

Crew leaders are a critical part of jobsites. This course teaches crew leaders the skills to improve their performance and confidence. Topics including an orientation to the jobsite, leadership skills, safety project control and time management.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TBD	4:00 PM- 7:00 PM	March (5 sessions)	Multiple	Member: \$225 Nonmember:\$337

SUPERINTENDENT COURSES

REINFORCED CONCRETE BASICS & PLAN READING

This course builds on basic plan reading and knowledge of concrete as a construction material and starts to develop the process of properly interpreting construction drawings, reinforced steel placing drawing and embedment diagrams.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TBD	2:00 PM- 5:00 PM	March (4 sessions)	S. Murphy J. Smith	Member: TBD Nonmember: TBD

SUPERINTENDENT'S ACADEMY BOOT CAMP

Project success is achieved in the field. The field leader is the key to that success. In this intense 2 ½ day, interactive boot camp presented by experienced industry leaders, superintendents will develop their planning, leadership and business skills.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
Fairfax Marriott, Fair Oaks	TH/F/S	2:00 PM- 5:00 PM	2/25	Multiple	Member: \$640 Nonmember:\$960

OFFICE TRACT CURRICULUM

Curriculum designed for the project assistant, project manager, senior project manager and construction executive.

PROJECT ASSISTANT COURSES

BLUEPRINT READING 101

The reading of construction blueprints is a foundational skill in construction. All construction professionals, regardless of whether they are working in the field or office, must know how to read blueprints.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TH	4:00 PM- 7:00 PM	1/21 (8 sessions)	Hern	Member: \$295 Nonmember:\$442
ABC-VA	TH	4:00 PM- 7:00 PM	4/1 (8 sessions)	Hern	Member: \$295 Nonmember:\$442
ABC-VA	TH	4:00 PM- 7:00 PM	6/17 (8 sessions)	Hern	Member: \$295 Nonmember:\$442

CONSTRUCTION 101

Attendees with job duties such as accounting, administrative, marketing, or human resources, will walk away with a clear understanding of what the commercial construction industry is all about.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TH	8:00 AM- 12:00 PM	3/4	P. Dean B. Flinn	Member: \$72 Nonmember: \$93

PROJECT MANAGER COURSES

BIM & MEP COORDINATION

BIM is changing the way we design, build and communicate. For contractors and subcontractors, the first step into the BIM world is to start using 3D models for MEP coordination.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	W	9:00 AM- 11:00 AM	2/17	Reece	Member: \$52 Nonmember: \$78

CPM CONSTRUCTION SCHEDULING/PRIMAVERA P6

This course is designed to teach effective use of Critical Path Method (CPM) scheduling techniques and how to apply these techniques using industry accepted practices and Primavera P6 Project Management™ software.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TH/F	7:30 AM- 11:30 AM	4/15 (4 sessions)	Patton	Member: \$225 Nonmember: \$337

MECHANIC'S LIENS

Attendees will learn how to use mechanic's liens in Virginia, Maryland and the District of Columbia, including the requirements for filing a lien, recent changes to the lien law and forms for filing a lien.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T	9:00 AM- 11:30 AM	3/16	Flinn	Member: \$52 Nonmember: \$78

MICROSOFT PROJECT - CONSTRUCTION SCHEDULING

This course is designed to teach effective use of Critical Path Method (CPM) scheduling techniques and how to apply these techniques using industry accepted practices and Microsoft Project software.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TH/F	7:30 AM- 11:30 AM	3/18 (2 sessions)	Patton	Member: \$225 Nonmember: \$337

REINFORCED CONCRETE BASICS & PLAN READING

This course builds on basic plan reading and knowledge of concrete as a construction material and starts to develop the process of properly interpreting construction drawings, reinforced steel placing drawing and embedment diagrams.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TBD	2:00 PM- 5:00 PM	March (4 sessions)	S. Murphy J. Smith	Member: TBD Nonmember: TBD

SENIOR PROJECT MANAGER COURSES

CONTRACT RISK MANAGEMENT SEMINAR

Attendees will learn how to expertly and efficiently review a construction contract, negotiate key provisions, identify and manage risks and understand exceptions and loopholes.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T	9:00 AM- 11:30 AM	3/30	Katz	Member: \$52 Nonmember: \$78

LEED GREEN ASSOCIATE EXAM PREP COURSE

The LEED Green Associate Exam Prep Course is Tier 1 of 2, serving as the first step for professionals pursuing a LEED AP specialization and will prepare individuals to take the LEED Green Associate Exam.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T/TH	9:30 AM- 3:30 PM	2/2 (2 sessions)	Srinivasagam	Member: \$495 Nonmember: \$495

SENIOR PROJECT MANAGER COURSES

STRATEGIC PLANNING

Navigate today's economic climate and market changes with a contingency plan that is in tune with your long-term strategy and positions your company for success.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TBD	9:00 AM- 12:00 PM	February/ March	Skinner	Member: \$62 Nonmember: \$93

ELECTIVES

Electives designed for business, communication & leadership, construction management, green, human resources, legal, and Spanish language interests.

COMMUNICATION & LEADERSHIP ELECTIVES

STRATEGIC PLANNING

Navigate today's economic climate and market changes with a contingency plan that is in tune with your long-term strategy and positions your company for success.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TBD	9:00 AM- 12:00 PM	February/ March	Skinner	Member: \$62 Nonmember: \$93

CONSTRUCTION MANAGEMENT ELECTIVES

CONSTRUCTION 101

Attendees with job duties such as accounting, administrative, marketing, or human resources, will walk away with a clear understanding of what the commercial construction industry is all about.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TH	8:00 AM- 12:00 PM	3/4	P. Dean B. Flinn	Member: \$72 Nonmember: \$93

CONSTRUCTION QUALITY MANAGEMENT CERTIFICATION

This course satisfies government requirements specified in most Corps of Engineers and NAVFAC construction contracts as well as satisfies the CQM training requirements. (Certification is valid for 5 years).

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TH	7:30 AM- 5:00 PM	1/14	R. Hall T. Craul	Member: \$195 Nonmember:\$195
ABC-VA	TH	7:30 AM- 5:00 PM	2/18	Baldwin	Member: \$250 Nonmember:\$250
ABC-VA	TH	7:30 AM- 5:00 PM	3/11	R. Hall T. Craul	Member: \$195 Nonmember:\$195
ABC-VA	TH	7:30 AM- 5:00 PM	5/13	R. Hall T. Craul	Member: \$195 Nonmember:\$195
ABC-VA	TH	7:30 AM- 5:00 PM	7/8	R. Hall T. Craul	Member: \$195 Nonmember:\$195

GREEN ELECTIVES

LEED GREEN ASSOCIATE EXAM PREP COURSE

The LEED Green Associate Exam Prep Course is Tier 1 of 2, serving as the first step for professionals pursuing a LEED AP specialization and will prepare individuals to take the LEED Green Associate Exam.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T/TH	9:30 AM- 3:30 PM	2/2 (2 sessions)	Srinivasagam	Member: \$495 Nonmember:\$495

GREEN ADVANTAGE® TRAINING FOR COMMERCIAL

This course is designed to prepare attendees to take the Green Advantage® Commercial Exam and will cover sustainability and green buildings, materials, indoor environmental quality, water, site and land use, and energy.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T/TH	10:00 AM- 3:00 PM	3/2 (2 sessions)	McCarthy	Member: \$340 Nonmember:\$510

LEGAL ELECTIVES

CONTRACT RISK MANAGEMENT SEMINAR

Attendees will learn how to expertly and efficiently review a construction contract, negotiate key provisions, identify and manage risks and understand exceptions and loopholes.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T	9:00 AM- 11:30 AM	3/30	Katz	Member: \$52 Nonmember: \$78

MECHANIC'S LIENS

Attendees will learn how to use mechanic's liens in Virginia, Maryland and the District of Columbia, including the requirements for filing a lien, recent changes to the lien law and forms for filing a lien.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T	9:00 AM- 11:30 AM	3/16	Flinn	Member: \$52 Nonmember: \$78

SPANISH ELECTIVES

CONSTRUCTION SPANISH

Learn construction and safety Spanish vocabulary.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
Balfour Beatty Construction	W	5:30 PM- 8:00 PM	2/24 (6 sessions)	Byrd	Member: \$212 Nonmember: \$318

Safety

Safety courses for safety certification, safety electives and safety classes also offered in Spanish.

SAFETY CERTIFICATIONS

FIRST AID & CPR CERTIFICATION

ABC-VA's First Aid and CPR Certification program has a construction industry focus and an emphasis on life-supporting strategies. Certification is valid for 2 years.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	S	8:00 AM-1:00 PM	1/9	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	W	4:00 PM-9:00 PM	1/20	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	S	8:00 PM-1:00 PM	2/6	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	W	4:00 PM-9:00 PM	2/17	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	S	8:00 AM-1:00 PM	3/6	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	W	4:00 PM-9:00 PM	3/17	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	S	8:00 AM-1:00 PM	4/3	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	W	4:00 PM-9:00 PM	4/21	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	S	8:00 AM-1:00 PM	5/1	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	W	4:00 PM-9:00 PM	5/19	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	S	8:00 AM-1:00 PM	6/5	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	W	4:00 PM-9:00 PM	6/16	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	S	8:00 AM-1:00 PM	7/10	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	W	4:00 PM-9:00 PM	7/21	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	S	8:00 AM-1:00 PM	8/7	Nanna	Member: \$ 55 Nonmember: \$ 70
ABC-VA	W	4:00 PM-9:00 PM	8/18	Nanna	Member: \$ 55 Nonmember: \$ 70

CRANE CERTIFICATION

This course, designed for Project Managers and Safety Inspectors, will cover the basics of how to operate a crane safely and effectively.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	M/W	6:00 PM-9:00 PM	2/15 (4 sessions)	Fitzgerald,	Varied

CRANE WRITTEN EXAM

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	S	8:00 AM-2:00 PM	2/27	N/A	Varied

OSHA 10-HOUR COURSE

The OSHA 10-Hour course emphasizes the most important aspects of Occupational Safety and Health Standards for the industry.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T	7:00 AM-5:30 PM	1/26	Holmes	Member: \$205 Nonmember:\$310
ABC-VA	TH	7:00 AM-5:30 PM	2/11	Murphy	Member: \$205 Nonmember:\$310
ABC-VA	TH	7:00 AM-5:30 PM	3/11	Holmes	Member: \$205 Nonmember:\$310
ABC-VA	TH	7:00 AM-5:30 PM	4/15	Murphy	Member: \$205 Nonmember:\$310
ABC-VA	TH	7:00 AM-5:30 PM	5/13	Holmes	Member: \$205 Nonmember:\$310
ABC-VA	TH	7:00 AM-5:30 PM	6/10	Murphy	Member: \$205 Nonmember:\$310
ABC-VA	TH	7:00 AM-5:30 PM	7/8	Holmes	Member: \$205 Nonmember:\$310

OSHA 30-HOUR COURSE

The OSHA 30-Hour course emphasizes the most important aspects of the Occupational Safety and Health Standards for the industry.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T	7:00 AM-5:30 PM	1/26 (3 sessions)	Holmes	Member: \$460 Nonmember:\$690
ABC-VA	TH	7:00 AM-5:30 PM	2/11 (3 sessions)	Murphy	Member: \$460 Nonmember:\$690
ABC-VA	TH	7:00 AM-5:30 PM	3/11 (3 sessions)	Holmes	Member: \$460 Nonmember:\$690
ABC-VA	TH	7:00 AM-5:30 PM	4/15 (3 sessions)	Murphy	Member: \$460 Nonmember:\$690
ABC-VA	TH	7:00 AM-5:30 PM	5/13 (3 sessions)	Holmes	Member: \$460 Nonmember:\$690
ABC-VA	TH	7:00 AM-5:30 PM	6/10 (3 sessions)	Murphy	Member: \$460 Nonmember:\$690
ABC-VA	TH	7:00 AM-5:30 PM	7/8 (3 sessions)	Holmes	Member: \$460 Nonmember:\$690

SAFETY ELECTIVES

ACCIDENT INVESTIGATION & JOB HAZARD ANALYSIS

Attendees will explore techniques used to determine the true cause of an accident and complete a report. They will also learn how to eliminate or reduce uncontrolled hazards to an acceptable risk level through job hazard analysis.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T	8:00 AM- 12:00 PM	4/6	Holmes	Member: \$62 Nonmember: \$93

BASIC RIGGING SAFETY

Following the correct procedures when using lifting equipment is vital to ensuring the safety of the operators and the public. This course is designed to familiarize attendees with various types of rigging and slinging equipment.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T	9:00 AM- 11:00 AM	2/16	Murphy	Member: \$52 Nonmember: \$78

CONFINED SPACE COMPETENT PERSON

This course is designed to help attendees achieve the competent person status for working in confined spaces, including identifying a confined space, recognizing hazards that may be present and types of rescue.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	W	12:30 PM- 4:30 PM	3/24	Murphy	Member: \$135 Nonmember: \$202

DEVELOPING & IMPLEMENTING A SAFETY PROGRAM & EMERGENCY ACTION PLAN

This course is designed to provide attendees with the tools and knowledge to develop, organize and coordinate a successful safety program and emergency action plan.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	TH	8:00 AM- 12:00 PM	2/18	Holmes	Member: \$72 Nonmember: \$108

SAFETY 101

This course is designed to provide attendees with the starting points for developing a safety program, including the need for a written program, training, enforcement, bonus programs and basic requirements for a website.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T	8:00 AM- 11:30 PM	3/9	Murphy	Member: \$62 Nonmember: \$93

TRENCHING & EXCAVATION COMPETENT PERSON

Trenching and excavation is very dangerous work in the construction industry, making it vital for each trenching and excavation sites to have a competent person. Take this course and learn how trenching and excavation injuries can be prevented.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	W	8:00 AM- 12:00 PM	3/24	Murphy	Member: \$135 Nonmember: \$202

SAFETY OPEN HOUSE: OSHA RECORDKEEPING, PARAGON & STEP AWARDS

Attendees will learn how to prevent record-keeping mistakes that cause expensive penalties, meet the ABC-VA Safety Committee and will have the opportunity to sign up for the Paragon and STEP awards.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	T	11:00 AM- 1:00 PM	1/19	N/A	Member: \$10 Nonmember: \$15

SAFETY IN SPANISH

FIRST AID & CPR CERTIFICATION IN SPANISH

ABC-VA's First Aid and CPR Certification program has a construction industry focus and an emphasis on life-supporting strategies. Certification is valid for 2 years. Taught in Spanish.

Location	Day(s)	Time	Begins	Instructor	Cost
ABC-VA	T	3:00 PM-8:00 PM	1/19	Byrd	Member: \$55 Nonmember: \$70
ABC-VA	S	8:00 AM-1:00 PM	1/30	Byrd	Member: \$55 Nonmember: \$70
ABC-VA	T	3:00 PM-8:00 PM	2/9	Byrd	Member: \$55 Nonmember: \$70
ABC-VA	S	8:00 AM-1:00 PM	2/27	Byrd	Member: \$55 Nonmember: \$70
ABC-VA	T	3:00 PM-8:00 PM	3/9	Byrd	Member: \$55 Nonmember: \$70
ABC-VA	S	8:00 AM-1:00 PM	3/27	Byrd	Member: \$55 Nonmember: \$70
ABC-VA	T	3:00 PM-8:00 PM	4/13	Byrd	Member: \$55 Nonmember: \$70
ABC-VA	T	3:00 PM-8:00 PM	5/4	Byrd	Member: \$55 Nonmember: \$70
ABC-VA	S	8:00 AM-1:00 PM	6/12	Byrd	Member: \$55 Nonmember: \$70
ABC-VA	T	3:00 PM-8:00 PM	7/6	Byrd	Member: \$55 Nonmember: \$70
ABC-VA	T	3:00 PM-8:00 PM	8/3	Byrd	Member: \$55 Nonmember: \$70

OSHA 10-HOUR COURSE IN SPANISH

The OSHA 10-Hour course emphasizes the most important aspects of Occupational Safety and Health Standards for the industry. Taught in Spanish.

Location	Day(s)	Time	Begins	Instructor	Cost
ABC-VA	S	7:00 AM-5:30 PM	1/16	Baralt	Member: \$205 Nonmember: \$310
ABC-VA	W	7:00 AM-5:30 PM	2/3	Pardo	Member: \$205 Nonmember: \$310
ABC-VA	S	7:00 AM-5:30 PM	3/13	Baralt	Member: \$205 Nonmember: \$310
ABC-VA	T	7:00 AM-5:30 PM	4/6	Pardo	Member: \$205 Nonmember: \$310
ABC-VA	S	7:00 AM-5:30 PM	5/8	Baralt	Member: \$205 Nonmember: \$310
ABC-VA	T	7:00 AM-5:30 PM	6/8	Pardo	Member: \$205 Nonmember: \$310

OSHA 30-HOUR COURSE IN SPANISH

The OSHA 30-Hour course emphasizes the most important aspects of the Occupational Safety and Health Standards for the industry. Taught in Spanish.

<i>Location</i>	<i>Day(s)</i>	<i>Time</i>	<i>Begins</i>	<i>Instructor</i>	<i>Cost</i>
ABC-VA	S	7:00 AM- 5:30 PM	1/16 (3 sessions)	Baralt	Member: \$460 Nonmember:\$690
ABC-VA	W	7:00 AM- 5:30 PM	2/3 (3 sessions)	Pardo	Member: \$460 Nonmember:\$690
ABC-VA	S	7:00 AM- 5:30 PM	3/13 (3 sessions)	Baralt	Member: \$460 Nonmember:\$690
ABC-VA	T	7:00 AM- 5:30 PM	4/6 (3 sessions)	Pardo	Member: \$460 Nonmember:\$690
ABC-VA	S	7:00 AM- 5:30 PM	5/8 (3 sessions)	Baralt	Member: \$460 Nonmember:\$690
ABC-VA	T	7:00 AM- 5:30 PM	6/8 (3 sessions)	Pardo	Member: \$460 Nonmember:\$690

REGISTRATION

Company _____ Contact Person _____

Address _____ City _____ State _____ Zip _____

Phone _____ Fax _____ E-mail _____

___Bill Us (members only) Total Enclosed \$_____ Visa/MC/AMEX, Acct #: _____

Verification Code: _____ Expiration Date: _____

NAME OF COURSE	START DATE	COST	NAME OF STUDENT

Register 5 easy ways:

1. Fax your registration form to (703) 968-6861.
2. Send an e-mail with registration information to register@abcva.org.
3. Phone in your registration at (703) 968-6205.
4. Mail your registration form to ABC-VA, 14120 Parke Long Ct., Ste. 111, Chantilly, Virginia 20151.
5. Visit www.abcva.org/educationcalendar.

Don't See the Training You Need?

Contact ABC-VA staff by phone or email: (703) 968-6205, or reenie@abcva.org to set up a customized training program.
Also register ANYTIME for a class at www.abcva.org!